## Three days training programme

on

## "Integrated Organic Farming System (IOFS) for Enhancing Income and Livelihood Security" organized at ICAR Research Complex, Umiam

A three day's training programme on "Integrated Organic Farming System (IOFS) for Enhancing Income and Livelihood Security" was organized at ICAR Research Complex for NEH Region, Umiam under the Tribal Sub-Plan(TSP) during 17-19<sup>th</sup> December, 2020. The programme was attended by 30 farmers fromdifferent villages of Ri-Bhoi district, Meghalaya viz., Pynthor, Mynsain, UmdenUmbathiang and Mawthei. During inaugural programme, Dr. Samarendra Hazarika, Head, Division of Crop Production highlighted the importance of IOFS for the farming community of Meghalaya and interacted with farmers regarding the feedback on benefit of organic production of crops in farming system approach. The farmers werealso apprised the need of soil health management and IOFS for enhancing their farm income and livelihood. Field visit toIOFS and farming system research project (FSRP) models developed at the institute farm and demonstrationson no-till organic cultivation of pea, mustard, lentil and chickpea in rice fallow were done. Practical demonstrations vis a vis hands on training were also given to the participants for preparation of quality compost, vermicompost and vermiwash. A scientists and farmers' interaction programme was also organized regarding problems faced by the farmers on nutrient deficiency, animal production, insect pest and disease management etc. Various inputs like improved seeds of vegetables, organic pesticides and small farm tools like knapsack sprayer, watering can etc. were also distributed to the farmers. The programme was organized by Dr. Krishnappa R, Dr. Jayanta Layek, Dr. Sandip Patra and Dr. A Arun Prince Milton.

